

What are your greatest strengths? – 39 collected sample answers

SL	39 Collected Sample Answers
01	<p>“I would say my greatest strength is my ability to multitask. This strength has allowed me to become more efficient by finding creative ways to complete different tasks all at once. Also, I take pleasure in knowing that whenever my team needs me to jump in to help them, I can do this without the quality of my other work being jeopardized. Multitasking is also a great STRENGTH to have to manage stress because I rarely get overwhelmed from too much work.”</p> <p>https://careers.publichealth.iu.edu/blog/2023/05/11/what-are-your-strengths-15-greatest-strengths-with-sample-answers/</p>
02	<p>“My greatest strength is my ability to excel in highly pressurized situations. I have found creative ways to keep calm when working under pressure, for example, organizing my work more efficiently and getting the MOST important work done during the times I am MOST productive. Being able to work effectively under pressure has also allowed me to contribute a lot more to my team when they need me most. Not to mention, I exercise regularly and meditate, which has helped me control stress and focus more clearly at work which is great to help you control the pressures of work.”</p> <p>https://careers.publichealth.iu.edu/blog/2023/05/11/what-are-your-strengths-15-greatest-strengths-with-sample-answers/</p>
03	<p>My greatest strength is attention to detail. Throughout my life, I have always been focused on the finer things in everything I do. My attention to detail has also been an asset once I started working after graduation as a remote integrator. Being detail-oriented in my work allows me to manage multiple projects at one time and easily HIGHLIGHT the MOST important requirements of each project so they can be completed accurately. I am happy to say that I have a reputation for managing multiple large projects and delivering 100% of them on-time to our clients. In fact, I finished 45% of my assigned projects ahead of schedule.”</p> <p>https://careers.publichealth.iu.edu/blog/2023/05/11/what-are-your-strengths-15-greatest-strengths-with-sample-answers/</p>
04	<p>My greatest strength is my ability to collaborate and add value to my team. First, I have always been told by managers and team members that I am an easy person to work with, making assignments easier to complete because we are always on the same page. I think being STRONG at collaborating has also made me more self-aware of what is important in a team. For example, I do my best to motivate my team and support them when the project stalls or if one team member does NOT agree with another member, I try to find a middle ground for both of them. I also make it my duty to be as flexible as possible, jumping into different roles within my team depending on what they need me to complete on specific days.”</p> <p>https://careers.publichealth.iu.edu/blog/2023/05/11/what-are-your-strengths-15-greatest-strengths-with-sample-answers/</p>
05	<p>I would say my greatest strength is my resourcefulness. I’ve always been the type of person who thinks outside of the box, trying new ways to do a task more quickly and efficiently. This has been a great asset when a solution is sometimes NOT available, and we have to rely on our creativity to find one that will help us complete the job at hand. One element that helped me develop this skill is my ability to get along with people easily, which can also be a huge asset because I have a great network of people available that I can reach out to if needed. These people can provide great scope and experience helping us solve the problem at hand.”</p> <p>https://careers.publichealth.iu.edu/blog/2023/05/11/what-are-your-strengths-15-greatest-strengths-with-sample-answers/</p>
06	<p>“I would say my greatest strength is that I am emphatic towards people around me. For example, I have found that new hires sometimes have a difficult time transitioning into a team when they are not fully aware of the overall team dynamics, like how we complete projects, delegate tasks, etc. Personally, I have been in the same position before, and it can be very difficult. So, I now take time to introduce myself to new team members and ask them if they have any questions. I make it a point to go over what I feel will help them excel in their job role and transition into the team</p>

	<p>more efficiently. By doing this, we keep productivity flowing in the right direction, and everyone continues to push their weight equally.”</p> <p>https://careers.publichealth.iu.edu/blog/2023/05/11/what-are-your-strengths-15-greatest-strengths-with-sample-answers/</p>
07	<p>“My greatest strength is my passion for continuous learning. For example, whenever new software is released, I am always the first to test and get familiar with it. I enjoy exploring and learning every aspect of the software, as I believe it's essential to stay ahead in this ever-evolving industry. I believe this position would provide me with the opportunity to apply my eagerness to learn and use it as an asset to help Company X adapt to new tech.”</p> <p>https://novoresume.com/career-blog/what-is-your-greatest-strength</p>
08	<p>“One of my greatest strengths is probably my attention to detail. Even small mistakes can lead to big problems down the line when you work in construction, so I take everything seriously.</p> <p>For example, on a recent project, we were building a residential complex. I noticed that the measurements on the blueprints didn't align correctly with the foundation layout. If we had continued, it would have caused significant structural issues before the project was even finished. I brought this up with the project manager, and we double-checked everything. It turned out that there were several other small errors that needed to be fixed. Thankfully, we caught the mistakes early, so we avoided expensive reworking and kept the project on schedule.”</p> <p>https://novoresume.com/career-blog/what-is-your-greatest-strength</p>
09	<p>“I’ve always been a natural leader. Over 10 years in sales, I’ve consistently exceeded my KPIs and earned four promotions. Those achievements came from building and leading diverse, high-performing teams. I thrive on getting cross-functional groups to collaborate effectively, and I’ve refined my management skills through regular 360 reviews with my team. I’m eager to further develop my leadership in this role.”</p>
10	<p>“I’m an empathetic communicator who connects easily with others. Earlier this year, I helped a distressed customer whose insurance we couldn’t reinstate. I calmly explained her options and suggested affordable providers. She later praised my service in a feedback survey, saying she’d recommend us despite the outcome.”</p> <p>https://www.indeed.com/career-advice/interviewing/interview-question-what-are-your-strengths-and-weaknesses</p>
11	<p>I think some of my greatest strengths are my communication skills and willingness to take initiative. During my last internship, when I was helping to manage several social media accounts, I made sure that everyone on the team was on the same page and knew what our messaging strategy was by taking the initiative to send out a weekly email to keep the team up to date and to seek feedback. This ended up being so helpful that the weekly social media update was incorporated into a full-time staff member’s responsibilities.</p> <p>https://www.themuse.com/advice/3-smart-strategies-for-answering-whats-your-greatest-strength</p>
12	<p>I’d say that one of my greatest strengths is identifying patterns. For example, as a junior operations analyst, I noticed that at a company my team was consulting for, mistakes tended to happen in clusters, but not always on the same days of the week or ahead of deadlines. But then, looking at the company’s meeting schedule, I noticed that all of the clusters happened on days where there was a staff meeting from 3 to 4 p.m. I realized that after these meetings, people must be either rushing to finish by 5 p.m. or not fully focusing after a meeting so late in the day. Once I pointed this out, the company made a policy where all larger meetings had to be over by 3 p.m., and these spikes in mistakes disappeared, leading to a 15% decrease in refunds.</p> <p>https://www.themuse.com/advice/3-smart-strategies-for-answering-whats-your-greatest-strength</p>
13	<p>My greatest strength is probably my ability to build strong relationships with my clients. I love meeting and getting to know new people so I always approach each new account as an opportunity to make a new work friend. By asking questions about my contacts and really listening to their answers, I’m usually able to build a strong rapport and I credit these relationships with my 90% renewal rate. I’ve even had contacts from clients move to different companies and then request to work with me again.</p> <p>https://www.themuse.com/advice/3-smart-strategies-for-answering-whats-your-greatest-strength</p>

14	<p>"I think that one of my biggest strengths is being able to identify questions and issues that our users will have surrounding a new product or feature. I'm good at putting myself in the shoes of different types of users, and flagging questions the product team may not have accounted for. Sometimes they're able to fix these issues, but even if they can't, the product marketing team can be proactive about addressing them. One time, a new product launch necessitated removing the live chat functionality from our website, which made sense from a product perspective but not from a customer service perspective. I knew people were going to have questions about both the new product and our existing products and being able to respond to them quickly is key. Unfortunately the product team wasn't able to have the chat function ready in time, but they were able to make other ways to contact us more visible on every page of the site and we were able to prioritize answering user emails while the chat function was gone.</p> <p>https://www.themuse.com/advice/3-smart-strategies-for-answering-whats-your-greatest-strength</p>
15	<p>"I'm good at reading people, and especially at recognizing when they need help. In a senior business class, we had a group project where each person needed to give a five-minute segment of our presentation in front of a large group. From the first meeting, I could tell that one student was especially uncomfortable with the idea of speaking in front of a crowd, so when it came time to pick our sections, I directed the conversation so that he'd be able to choose what he was most comfortable talking about. I also reached out to him later in the process and asked if he'd like to do some practice sessions together. He was eager to, and he was able to open up about his social anxiety one-on-one. I listened to his concerns, encouraged him, and gave him pointers. We even arranged a few group practices where we each invited friends to watch so that our graded presentation wouldn't be the first time we were speaking in front of a group of strangers. We ended up acing the project and the other student and I are now close friends, and I know he's now working at a job where he needs to give presentations regularly."</p> <p>https://www.themuse.com/advice/3-smart-strategies-for-answering-whats-your-greatest-strength</p>
16	<p>I have a strong work ethic. When I'm working on a project, I don't just want to meet deadlines. Rather, I prefer to complete the project well ahead of schedule. Last year, I even earned a bonus for completing my three most recent reports one week ahead of time.</p> <p>https://www.thebalancemoney.com/what-is-your-greatest-strength-2061282</p>
17	<p>I have extremely strong writing skills. Having worked as a copy editor for five years, I have a deep attention to detail when it comes to my writing. I have also written for a variety of publications, so I know how to shape my writing style to fit the task and audience. As a marketing assistant, I will be able to write and edit press releases effectively and update web content with accuracy and ease.</p> <p>https://www.thebalancemoney.com/what-is-your-greatest-strength-2061282</p>
18	<p>I am a skilled sales representative with over ten years of experience. I have exceeded my sales goals every quarter by at least 20%, and I've earned a bonus each year since I started with my current employer.</p> <p>https://www.thebalancemoney.com/what-is-your-greatest-strength-2061282</p>
19	<p>I pride myself on my customer service skills and my ability to resolve potentially difficult situations. With five years of experience as a customer service associate, I have learned to understand and resolve customer issues effectively. On a related note, I also have strong communication skills, which help me to work well with customers, team members, and executives. I am known for being an effective team member with a talent for giving presentations.</p> <p>https://www.thebalancemoney.com/what-is-your-greatest-strength-2061282</p>
20	<p>My background as an English major will certainly help me succeed in the job. I restructured, edited, and wrote the employee newsletter for the hospital, and, in particular, I showcased employee profiles and contributions. Our surveys indicated that the new format was more appreciated and more widely read by staff and helped to build morale. I also rewrote major sections of the employee handbook to simplify the language.</p> <p>https://www.thebalancemoney.com/what-is-your-greatest-strength-2061282</p>
21	<p>I am a solutions-oriented person and a quick learner. In my role as an electrical engineer, I learned to perform well under pressure when designing equipment because our team would not be able to win a contract unless we produced the blueprints quickly, with as few resources as possible. In these circumstances, I am not afraid to ask questions to figure out the challenge. I do extensive research for every client, so I can be extra prepared.</p> <p>https://www.coursera.org/articles/strengths-and-weaknesses-interview</p>

22	<p>My positive attitude is definitely one of my strengths. I have been a restaurant server, a tutor, and a health aide in the past decade, all jobs that require plenty of energy and endurance. I can view a situation from multiple perspectives and empathize with my customers, students, and patients to understand their needs at any given time.</p> <p>https://www.coursera.org/articles/strengths-and-weaknesses-interview</p>
23	<p>As a content creator, I love brainstorming new approaches to reach our consumers. But I am most known for my attention to detail. I care a lot about word choice because I believe that precise language can transform a piece from good to great (and I never miss a deadline). My blogs and articles consistently perform well and reach the top of Google searches.</p> <p>https://www.coursera.org/articles/strengths-and-weaknesses-interview</p>
24	<p>I know a lot of people are afraid of public speaking but I really like it, and often use my speaking experience to support team projects. For example, last week, I presented our new customer-service portal to a prospective client, and they signed up immediately. I also get a lot of personal fulfillment from helping my colleagues with their presentations.”</p> <p>https://hbr.org/2023/05/how-to-answer-what-are-your-strengths-and-weaknesses</p>
25	<p>I love project management, because I enjoy solving problems in an organized and collaborative way. For example, I recently managed the planning, testing, and launch of a new product line, which came in on time and under budget. I love helping teams manage all the moving parts and multiple deadlines of a big project so they can focus on their deliverables.”</p> <p>https://hbr.org/2023/05/how-to-answer-what-are-your-strengths-and-weaknesses</p>
26	<p>I think my greatest strength is team management. I really enjoy working as a team and leveraging everyone’s unique skills and perspectives on a project, while at the same time having fun and maintaining a manageable work/life balance. One of my proudest moments was winning a team appreciation award earlier this year, and honestly, I really enjoy doing my part to help everyone do their best work.</p> <p>https://hbr.org/2023/05/how-to-answer-what-are-your-strengths-and-weaknesses</p>
27	<p>I'm a motivated problem solver. I'm not afraid of sitting down either independently or collaboratively with a team to find solutions to complex problems. In my last position, I helped lay out a progress plan for a struggling department, which ended up hitting their annual sales goals by Q3</p> <p>https://www.tealhq.com/post/how-to-answer-what-are-your-greatest-strengths</p>
28	<p>I have excellent writing skills. As a freelance journalist, I have written for a variety of print and digital publications, so I know how to tell a good story while adhering to an editorial style guide. In my past content marketing roles, I've honed my ability to write clear, concise content for web pages, email communications and case studies.”</p> <p>https://www.tealhq.com/post/how-to-answer-what-are-your-greatest-strengths</p>
29	<p>I've worked with Shopify for five years. I am intimately familiar with how the platform runs and have even figured out some workarounds that impressed my previous employer. I know this is a requirement of the job, and it's a skill I'm confident I can bring to the table.”</p> <p>https://www.tealhq.com/post/how-to-answer-what-are-your-greatest-strengths</p>
30	<p>My background as a communications major has helped prepare me for this role. While earning my degree, I was able to jump right into the industry with an internship drafting press releases and researching press contacts for a well-reputed local firm. My supervisors commented on my strong communication skills. I even have experience giving presentations to clients.”</p> <p>https://www.tealhq.com/post/how-to-answer-what-are-your-greatest-strengths</p>
31	<p>My greatest strength is my attention to detail. People often tease me for having an “eagle eye,” but because I notice the tiniest of details, I was asked to create the technical documentation for our client tracking system. Once the manual was released, we had a 30% decrease in data input errors.</p> <p>https://www.theforage.com/blog/interview-questions/strengths-for-job-interview</p>
32	<p>I think my greatest strength is my <i>adaptability</i>. I got my first job just as the pandemic started. So, instead of going into the office for training and meeting my new coworkers face-to-face, I had to do everything virtually, which was not what I planned for. But I learned how to build strong relationships and became very adept at troubleshooting technical details. Over time, people started coming to me for technical assistance because of how knowledgeable and patient I was.</p> <p>https://www.theforage.com/blog/interview-questions/strengths-for-job-interview</p>

33	<p>“I believe that my greatest strength is my ability to quickly learn and adapt to new technologies and programming languages. As a software engineer in the fast-paced tech industry, it is crucial to stay up-to-date with the latest developments and be able to apply them in my work.</p> <p>I have a strong track record of successfully learning and mastering new technologies through self-study and hands-on experience. This allows me to consistently deliver high-quality software solutions that meet the needs of my clients, and I am confident that this ability would make me a valuable asset to your team.”</p> <p>https://www.linkedin.com/pulse/what-your-greatest-strength-tannia-su%C3%A1rez/</p>
34	<p>“My greatest strength is team management and encouraging everyone to share their unique perspectives and strengths. I believe this helps employees feel valued, which increases their motivation and productivity while reducing conflict. It also promotes better time management. In fact, my team and I completed two projects in the second half of the year, and I stepped into a third when that team lead fell ill.</p> <p>From what I understand, this job requires efficient collaboration and teamwork. My team management skills can help me work effectively with my colleagues to produce high-quality results.”</p> <p>https://www.betterup.com/blog/strengths-and-weaknesses</p>
35	<p>“One of the most challenging parts of my previous job was explaining technical concepts to new people. Over the years, I became very good at taking high-level ideas and problem-solving ways to demonstrate real-world applications to everyone, from CEOs to HR and marketing interns. I think these communication skills have become one of my greatest strengths. I particularly enjoy the ‘aha’ moment when a concept clicks.</p> <p>This skill is why the sales team at my previous job was so successful. I helped our reps understand complicated concepts and why people needed certain technologies. As a result, my team’s sales beat our direct competitor’s by 15%.”</p> <p>https://www.betterup.com/blog/strengths-and-weaknesses</p>
36	<p>“Early in my career, I struggled to manage workplace stress. I got excited about new projects or opportunities and found it challenging to take a break. I ended up working long hours, getting very overwhelmed, and burning out. However, recovering from that burnout taught me several vital skills for managing stress.</p> <p>I make sure to prioritize my physical health by focusing on exercise and eating healthy. I try to take daily walks at lunch and get plenty of sleep, and I use some go-to mindfulness techniques when things are especially intense. Using these strategies, I’ve maintained high performance in stressful times, kept a positive attitude, and haven’t burned out since.”</p> <p>https://www.betterup.com/blog/strengths-and-weaknesses</p>
37	<p>“I believe my biggest weakness is my tendency to take on too many responsibilities. I tend to refrain from delegating work to my teammates, which doesn’t allow my colleagues to show their strengths or lend their expertise. Once my manager brought this weakness to my attention, I used self-awareness to determine that part of the issue stems from feeling uncomfortable telling others what to do.</p> <p>Since then, I’ve worked hard to be mindful about my capacity and comfortable with asking for help. I’m still working on improving my delegation skills, but I feel my skills are getting better and I enjoy challenging myself. Focusing on delegation has also been a great way to work on my communication skills. It’s also improved my leadership skills and helped me become more comfortable directing a team. Since then, I haven’t worked overtime in over six months unless the rest of the group also stays late.”</p> <p>https://www.betterup.com/blog/strengths-and-weaknesses</p>

38	<p>When starting a new project, I sometimes find it challenging to ask questions to clarify expectations, goals, and outcomes. I feel excited about starting something new and will dive in on tasks without ensuring I have all the details. On occasion, I've had to postpone delivery or work overtime to make up for a misunderstanding.</p> <p>Because of these experiences, I now take a moment of pause after receiving a new assignment, digesting it, and then going back to ask questions. It only takes a few minutes, but checking in helps me start on the right foot. In the last year, I've cut back on how much rework I do, so much so that I've had time to begin a passion project."</p> <p>https://www.betterup.com/blog/strengths-and-weaknesses</p>
39	<p>I pride myself on my leadership skills, something I was taught in my 3 years as a non-commissioned officer in the United States Marine Corps. Leadership is necessary to keep project teams moving forward in the right direction. While nothing is as challenging as leading troops in battle, leading a 6- to 12-member project team is not easy. Bringing projects in on-time, on-budget, and meeting both technical and business requirements takes substantial planning and management skills, particularly when typically, half of the team members did not directly report to me. I've been an IT project manager for 5 years, managing 10 major projects in that time frame. All of those projects completed on schedule, met their specifications, and were considered successes. In addition, I was able to train 4 team members so they were promoted to project management positions."</p> <p>https://www.academyoflearning.com/blog/answer-interview-question-whats-greatest-strength/</p>